

EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.



Please provide one sheet per event (one event = one workpackage = one lump sum).)

PROJECT	
Participant:	Association Reflections on Europe
PIC number:	906017637
Project name and acronym:	The EU - Connecting Generations — CONGEN

EVENT DESCRIPTION			
Event number:	1		
Event name:	International workshops for young people		
Type:	workshop		
In situ/online:	[in-situ]		
Location:	Poland, Kielce		
Date(s):	25.04.2024 - 29.04.2024		
Website(s) (if any):	https://rozprawyoeuropie.eu/en/projects/the-eu-connecting-generations/ https://rozprawyoeuropie.eu/wp-content/uploads/2025/07/CONGE_EDS_wp1.docx.pdf		
Participants			
Female:	19		
Male:	7		
Non-binary:	0		
From country 1 [POLAND]	10		
From country 2 [CROATIA]	8		
From country 3 [SPAIN]:	8		
Total number of participants:	26	From total number of countries:	3
Description			
Provide a short description of the event and its activities.			

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<p>The first meeting of the project focused on the history of the European Union, its values, but also on developing soft skills of the participants and planning future activities. Everyday different experts led workshops for participants.</p> <p>First day it was Barbara Biskup from the Regional Centre of Volunteering. She prepared many team-building activities. The workshop began with a game, where participants divided into teams of three were to ask each other questions to get to know each other better. Then it was time for the "Mission impossible" field game. All participants had half an hour to complete a long list of tasks together, which were designed to integrate them and teach them the principles of effective teamwork. After this activity, we smoothly moved on to talking about what counts in cooperation. Based on this, the participants created a list of rules for the next days of the project.</p> <p>The next highlight of the day was an interesting debate. Expert introduced the participants to the story, which featured 6 characters. The youngsters' task was to create a ranking, in which they were to decide which character contributed most to the death of the main character. This task showed that everyone has different views and principles that they follow in life, but one should respect each other's opinions. Of course it is connected with European Union values like freedom. Finally, Barbara Biskup created a timeline on which all participants were to place the most important events for them - it was an introduction to the next day's activities.</p> <p>Another working day was filled with interesting workshops led by Piotr Kaczynski - an expert of the European Union. The first point of the workshop was a discussion about the impact that the European Union has on the lives of young people. Later, Piotr presented the structure of the European Union in a way that was accessible to young people, so that participants could understand how the various organs of the Union work. He also explained the process of European elections. Then, divided into groups, the young people prepared posters on European values. Later there was a discussion about rights which every European citizen has. The expert devoted the last moment of the workshop to a short history lesson on the origins of the European Union.</p> <p>The last day dedicated to workshops was led by the indispensable Kama Kępczynska together with a volunteer from France - Quentin. Kama focused on teaching the participants the principles of effective self-presentation and performing on stage. To begin, the youngsters were to present themselves in pairs so that the other person would remember as many interesting facts as possible. Later, the groups from each country had a task to present a senior relevant to each country, based on the tips given by the expert. The next activity was led by Quentin. He prepared a debate for the participants, the topic of which was the ban on voting in elections for people over 65. Each group had a designated speaking time to convince the rest of their point.</p> <p>Last part of the day was led by Reflections on Europe volunteers. They told the participants about the idea of the project and the next planned activities. It was agreed that each member country will organize discussion meetings and tele-shows involving young people and senior citizens. The main topic of the meetings will be the European Union and how it works, as well as connecting generations.</p> <p>In conclusion, the event in Kielce was not only a valuable lesson on the European Union, its history and values for the participants, but also a dose of information on the project. Everyone understood the issues of the project and together planned the next activities.</p> <p>Based on the feedback from participants of the International Workshop within the "The EU – Connecting Generations" project, it can be confidently asserted that the event was a great success. We had 26 participants from Poland, Spain, and Croatia, and we asked them to share their thoughts and rate their experience on a scale of 1 to 5.</p> <p>Remarkably, every participant agreed that the workshop met their expectations. When it comes to rating the workshop overall, 4.2% rated it a 3, 29.2% rated it a 4, and a 66.7% gave it a perfect 5.</p> <p>We also inquired about the facilitators' performance. Since we had different facilitators each day, participants experienced a diverse range of activities and knowledge. Among all the facilitators, Kama, who led the final day's session, received the highest rating—an impressive 87.5% score of 5.</p> <p>When asked about the most interesting aspect of the workshop content, participants provided a variety of responses, including EU values and history, engaging debates, presentation tips, learning about European</p>	

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<p>structures, and energizing activities led by Kama. They also highlighted the supportive atmosphere, as well as the opportunity to learn and interact with others.</p> <p>Later, we surveyed participants about their self-assessment of various skills before and after the workshop:</p> <p>Before the workshop:</p> <ul style="list-style-type: none"> • Soft skills: 12.5% rated themselves at level 1, 33.3% at level 2, 29.2% at level 3, 16.7% at level 4, and 8.3% at level 5. • Language skills: 8.3% rated themselves at level 1, 8.3% at level 2, 45.8% at level 3, 25% at level 4, and 12.5% at level 5. • Intercultural competences: 8.3% at level 1, 16.7% at level 2, 25% at level 3, 29.2% at level 4, and 20.8% at level 5. • Knowledge about the EU: 29.2% at level 1, 25% at level 2, 29.2% at level 3, 16.7% at level 4, and 0% at level 5. <p>After the workshop:</p> <ul style="list-style-type: none"> • Soft skills: 4.2% rated themselves at level 2, 25% at level 3, 41.7% at level 4, and 29.2% at level 5. • Language skills: 16.7% at level 3, 66.7% at level 4, and 16.7% at level 5. • Intercultural competences: 8.3% at level 3, 45.8% at level 4, and 45.8% at level 5. • Knowledge about the EU: 29.2% at level 3, 45.8% at level 4, and 25% at level 5. <p>These results indicate significant improvements in participants' skills and knowledge across various areas after the workshop:</p> <ul style="list-style-type: none"> • Soft skills: participants' ratings increased significantly, with a higher percentage at levels 4 and 5 post-workshop compared to before. • Language skills: there was a considerable increase in ratings at levels 4 and 5 after the workshop, indicating enhanced proficiency. • Intercultural competences: similar to language skills, more participants rated themselves at levels 4 and 5 after the workshop, reflecting a deeper understanding. • Knowledge about the EU: participants showed significant improvement in EU-related knowledge, with more ratings at levels 4 and 5 after the workshop compared to before. <p>When asked whether they believed the information gained from the workshop contributed to improving their overall soft skills, 95.8% responded affirmatively, with 4.2% expressing uncertainty.</p> <p>Similarly, when questioned about the impact of the workshop on their language skills, 91.7% felt it had contributed positively, while 4.2% disagreed, and an equal percentage remained uncertain.</p> <p>Regarding intercultural competences, 91.7% believed the workshop had a beneficial effect, while 8.3% were unsure.</p> <p>In terms of EU knowledge, 95.8% acknowledged a positive impact, with 4.2% expressing uncertainty.</p> <p>Feedback on the organizational aspects of the workshop was largely positive, although there were suggestions for improvement. Participants appreciated the experience overall but noted areas for enhancement, such as more time for debates and managing information overload.</p> <p>Some participant messages included:</p> <p>"The second debate on the last day was a bit slow, I would have suggested dividing the group into two."</p>	

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<p>“Lack of time for debating (we did 2 debates, but we had just 15 min to talk, I wish I have had more time).”</p> <p>“Too much information in a short period of time.”</p> <p>Participants also shared positive sentiments:</p> <p>“I really enjoyed being on this training, maybe the best training I have ever been to and I hope there is more to come.”</p> <p>“It was so great, I am glad that I learned something new about the EU, cultures, and myself. Also, the people were great and I hope to see you again!!”</p> <p>“Thank you for organizing this, it was a really engaging and informative training (I really mean it).”</p> <p>“This is my first project and it's more than I expected. I learned a lot and met new friends. The place we stayed was so pretty, I liked Kielce and Poland. And I am happy that Poland is the first country that I visited.”</p> <p>The workshop received overwhelmingly positive feedback from participants, indicating significant improvements in skills and knowledge. While satisfaction was high, minor adjustments could enhance future sessions even further.</p>	

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).